



Alice Peck Day Memorial Hospital

Rx for School Success

Coaching your child to better learning and health

How does *Rx for School Success* Work?

1. All APD patients (ages 9-19) who have doctors participating in the program will be asked to complete a short questionnaire on the day of their well-child visit.
2. The results will be available to the primary care provider immediately. The questionnaire is designed to alert the provider to any potential learning concerns that might require further attention. If there are no concerns, your child will likely not need to meet with one of the other team Specialists.
3. If there is a concern, your child will be asked to complete a more lengthy *on-line* questionnaire which can be completed at home. The results will identify more specific areas that are likely contributing to potential learning concerns that could affect your child's health (anxiety, depression, learning challenges). It will also identify areas of strength for your child.
4. You and your child will then meet with Dr. Doug Williamson, the *RxSS* Medical Director and Nancee Tracy, *RxSS* Program Coordinator. They will review the results with you and discuss your interest in participating in the program. If you choose to continue, your child will meet separately with Dr. Williamson to complete some additional tasks to rule out any physical health concerns that might be impacting your child's learning.
5. The Program Coordinator will arrange a meeting for your child with either a Learning Specialist or Behavioral Health Specialist. During the meeting the Specialist will talk with your child about his/her school experience, go over the results of the *on-line* questionnaire, and ask clarifying questions. ***There is no charge for meeting with the Specialists.***
6. If further meetings (coaching sessions) are suggested (again at no cost to your family), you may be asked to provide school records (grades, testing), and a signed release for the *Rx for School Success* team member to speak with a teacher/counselor.

Why Would This Program Benefit Your Child?

- Child is between ages 9-19.
- Child's pre-screener score shows medium or high risk; or the doctor knows from past history that child would benefit due to longstanding school-related concerns that are affecting his/her health;
- Child is underperforming; for example, this could mean that your child is getting good grades but may be working much harder than s/he needs to, or anxiety level of maintaining good grades is impacting her/his health;
- Child does not have an existing diagnosis; does not have an IEP or has an ineffective IEP;
- Child does not qualify for special services (extra help) but may have a 504 Plan.

