



Alice Peck Day Memorial Hospital

Rx for School Success

Coaching your child to better learning and health

How does *Rx for School Success* Work?

1. All APD patients (ages 9-19) who have doctors participating in the program will be asked to complete a short questionnaire on the day of their well-child visit.
2. The results will be available to the primary care provider immediately. The questionnaire is designed to alert the provider to any potential learning concerns that might require further attention. If there are no concerns, your child will likely not need to meet with one of the other team Specialists.
3. If there is a concern, your child will be asked to complete a more lengthy *on-line* questionnaire which can be completed at home. The results will identify more specific areas that are likely contributing to potential learning concerns that could affect your child's health (anxiety, depression, learning challenges). It will also identify areas of strength for your child.
4. The Program Coordinator will review the results and talk with your child's primary care provider.
5. Depending on the type of concern, the Program Coordinator will arrange a meeting for your child with either a Learning Specialist or Behavioral Health Specialist. During the meeting the Specialist will talk with your child about his/her school experience, go over the results of the *on-line* questionnaire, and ask clarifying questions. ***There is no charge for meeting with the Specialists. All costs are covered by a grant APD has received for this pilot program.***
6. If further meetings (coaching sessions) are suggested (again at no cost to your family), you may be asked to provide school records (grades, testing), and a signed release for the *Rx for School Success* team member to speak with a teacher/counselor.

Why Would This Program Benefit Your Child?

- Child is between ages 9-19.
- Child's pre-screener score shows high or medium risk; or the doctor knows from past history that child would benefit due to longstanding school-related concerns that are affecting his/her health;
- Child is underperforming (not doing as well as s/he is capable of); this could mean for example, that the child is getting good grades but may be working much harder than s/he needs to, or anxiety level of maintaining good grades is impacting health;
- Child does not have an existing diagnosis; no IEP or ineffective IEP;
- Child does not qualify for special services (extra help) but may have a 504 Plan.

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