How to Make a Face Mask

(Created April 7, 2020)

Materials

Front: 100% unused cotton fabric – no metallic fabrics

Back: 100% unused cotton or cotton flannel

Attachment: 1/8”, 1/4”, or 3/8” flat elastic (white is preferred, but black is OK) OR four 15” x 1/4” inch bias-tape style ties (no raw edges, white/light preferred, but black/dark is OK)

How to Make a Face Mask

An informative video and instructions for making the masks can be found here thanks to the Turban Project and Deaconess Health System!

(Note: The instructions list three sizes: Small, Medium, and Large. Please make mostly Small and Medium sized masks, with a smaller number of Large masks.)

1) Cut two rectangles of fabric, one for the inside, one for the outside.
   a. Small: 7.5 x 5 inches
   b. Medium: 9 x 6 inches
   c. Large: 10 x 7 inches

2) Cut elastic or ties. All ties can be ¼” x 15”. You will need 4 for each mask (one for each corner). Elastic should be cut as follows. You will need 2 pieces for each mask.
   a. Small: 6.5 inches
   b. Medium: 7 inches
   c. Large: 7.5 inches

3) Put right sides of cotton mask fabric together.

4) Starting at the center of bottom (long) edge, sew to the first corner, stop. Sew a piece of elastic or a fabric tie into the corner. A few stitches forward and back will hold this.

5) Sew to the next corner, stop, and bring the other end of that same elastic to the corner and sew a few stitches forward and back. If you are using fabric ties, add a new tie.

6) Now sew across that top of the mask to the next corner. Again put a 7” length of elastic in the corner (or a new tie).

7) Sew to the next corner and sew in the other end of the same elastic (or a new tie).
8) Sew across the bottom leaving about 1.5” to 2” open. Stop, cut the thread.

9) Turn mask right-side out.

10) Pin 3 tucks on each side of the mask. Make sure the tucks are in the same direction. There must be 3 tucks to ensure a tight fit on the face.

11) Sew around the edge of the mask twice.

12) When you have finished your masks, please use a Sharpie marker to mark a: S, M, or L on the lower left corner of the inside of each mask to indicate the size. This will help providers select the correct size. If you do not have a Sharpie, please somehow designate size for the masks before you drop them off.

Thank you for your donation and hard work!