

# Elder Friends make a real difference

Alice Peck Day Memorial Hospital is looking for a few special volunteers to join our Elder Friends program. Elder Friends visit our homebound patients and provide companionship in conjunction with our Senior Care Team.

“My mom Ellen is partnered with Alessandra. It is a wonderful program and Alessandra makes such a difference in my mom’s life.”  
-Rebecca

Share your time and your kindness!  
Please contact

**Liz Swanton**

Community Health and Engagement Officer  
(603) 308-0821  
swantone@apdmh.org

*Flexible time commitment is typically 2-4 hours each week.*



APD volunteers Barbara, Alessandra and therapy dog Maggie.