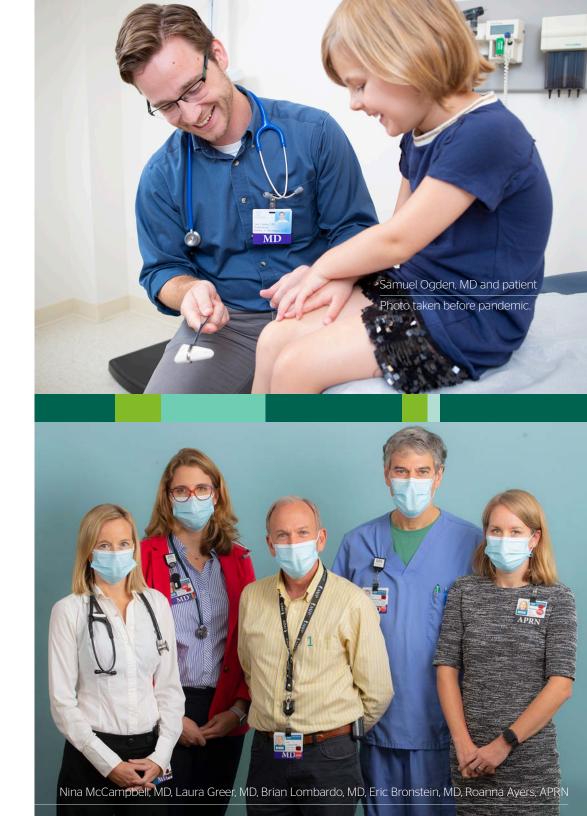


Building a healthier community, one connection at a time.

APD's mission is to improve the health and wellbeing of our community. We value partnership, kindness, and service to our patients. We believe the path to realizing this mission lies in making one personal connection at a time.





Sue E. Mooney, MD, MS, FACOGPresident and Chief Executive Officer

Dear friends,

This year, Alice Peck Day Memorial Hospital celebrates the 90th anniversary of our founding in 1932.

As I reflect on our storied history, I am humbled by the incredible work of my colleagues who preceded me, as well as the skilled and dedicated people who work here every day.

I am also deeply grateful to you, our donors, whose philanthropic support is helping us make a difference in our community.

Thanks to your commitment to APD, we continue to meet the healthcare needs of the Upper Valley.

We're taking care of more patients with acute needs than ever before in every department of the hospital. Over the past two years, we successfully built and launched a Short-Stay Unit for our surgical patients and opened a newly renovated, fully accredited Sleep Health Center. In FY23 we will open a new wing for our supply chain and Central Sterile departments, both of which will better support our thriving operating and procedure rooms.

We're also getting external recognition that we are on the right path. In 2021, APD was one of only three New Hampshire hospitals to receive a coveted 5-star rating from the Centers for Medicare & Medicaid Services and we recently won a MAP Award for High Performance in Revenue Cycle from the Healthcare Financial Management Association.

We accomplished all this amid a global pandemic that continues to challenge healthcare systems and hospitals across the region.

Gigi Genao, Materials Management Prudence Campbell, Environmental Services Nadesha Duran, Environmental Services



I am tremendously proud of our response to this crisis. We have learned how to care for COVID-19 patients without curtailing needed surgical and ambulatory services, ensuring that we meet the full spectrum of healthcare needs in the community we serve. At the same time, our community testing facility has served more than 17,000 people, and we opened a monoclonal antibody clinic that has treated 750-plus COVID-19 patients.

APD's financial health is strong. I am pleased to report that in FY'22, our fundraising achieved a new record of \$2.6 million and in FY22, we anticipate recording the healthiest operating margin we have ever posted during my tenure as CEO.

As a result of these successes, we have begun to look further ahead. How can APD continue to serve the people of the Upper Valley 5, 10, and even 50 years into the future?

These conversations have resulted in a plan - in broad outlines - for our future. It's an exciting vision and one that we will begin to share with friends like you in the coming year.

Just as Alice Peck Day Memorial Hospital was made possible by philanthropic support from the community, so too will our future be built by friends like you. Thank you for all you have done to make APD what it is today.

Sincerely,

Sue E. Mooney, MD, MS, FACOG

And & Mooney

President and Chief Executive Officer



Board of Trustees

Alice Peck Day Memorial Hospital relies on the support and skills of our Board of Trustees to ensure the oversight of the hospital. We are grateful to these dedicated individuals who gave of their time and talents to serve our community in 2020-22.

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Donor Profile

Sally and Jeremy Rutter

Sally and Jeremy (Jerry) moved to Lebanon in 1976 with a one-year-old child and started getting their care at the Family Health Center, which later became part of APD. Their second child was born at APD in 1979. Jerry is an emeritus professor of classical studies at Dartmouth and Sally retired after a successful career as a realtor. Supporting APD has been a priority because it's important to them that APD continue to serve our community as a thriving independent hospital.



Why is APD special to you?

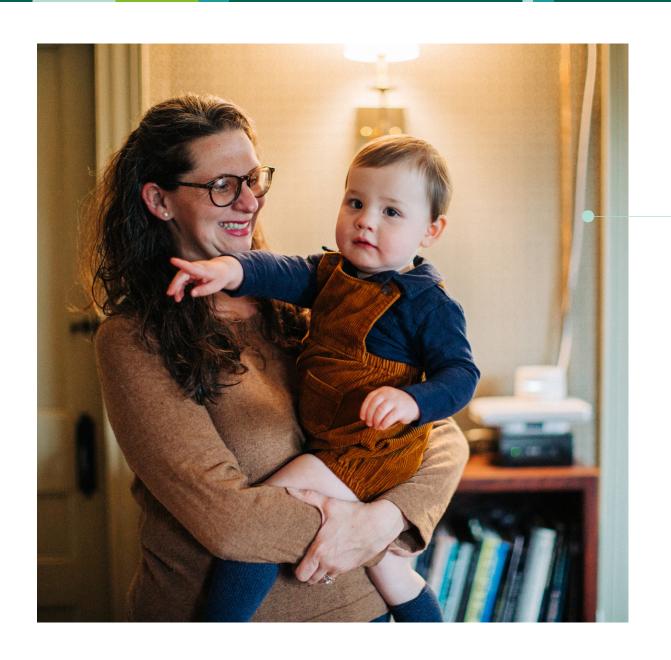
- "We always think of APD as our hometown hospital, but really it's the community hospital for so much of the Upper Valley. There are certainly reasons why someone might go to Dartmouth Hitchcock Medical Center for a special case, but for most of our health needs, we'd rather go to APD as there is no sacrifice in terms of quality of care. And if you need surgery, it's incredibly reassuring to have that surgery performed by people you know and who know you.
- "We also really value that APD is always striving to improve and if something is not up to our standards or theirs, they want to make it better. In part, that's because APD has a fantastic history of doctors and leaders like Peter Mason, Margot Stevens, David Kroner and Leonard Rudolf, and now we are lucky have Sue Mooney running APD.
- "Dr. Mooney is so terrific, and she can translate the challenges and realities of healthcare into stories and examples non-medical people can understand. She tells it like it is, demystifies things and captures what's going on at APD today, and we feel included. With all the changes in the world today and the evolving state of medicine, that is really important."

Kristin Maffei

Kristin Maffei and her husband, Roger Arnold, moved to the Upper Valley from New York City in 2016. In addition to her job at Dartmouth, she is a writer and poet. Kristin and Roger have a young son, Booker, and for this family, who considers community to be extremely important, that is how APD became part of their lives.

How did you find APD?

- "I found out I was pregnant five days before everything shut down for COVID. We knew we wanted to find a place where people were understanding, calm, and knowledgeable. Multiple people we trust raved about Dr. Sam Ogden as a pediatrician. Meeting him, we immediately understood why: he was warm, open, and happy to spend time talking through decisions with us even before we were patients or parents. Every person we've interacted with at APD has been wonderful, we never feel rushed and they treat us with complete respect.
- "I love the intimate nature. I feel known and welcomed every time we come. As new parents, having someone we trust to help provide information for decision-making has been so helpful. And, it may sound like a silly little thing, but the APD book program, where Booker gets a children's book each time he visits, is one of my favorite things about our visits. I think it's just really emblematic of how APD cares about the whole patient.



Why did you choose to give to APD?

"I chose to give to APD because I don't take quality care for granted, especially in a rural place. Finding quality people is more difficult than ever; it requires real resources, and I wanted to contribute, in some small way, to making sure that APD can continue to attract the best. We've been treated so well, and I wanted to pay that forward, to ensure that the same quality care we receive is accessible to everyone in our community."

Stephen Christy

Steve Christy joined Mascoma Bank in 1973 as a teller. He grew along with the bank, becoming president in 1990 and serving in that capacity for 27 years. He brought the bank through a period of unprecedented growth and helped create a model in which a mutually owned bank chartered to serve the community could thrive.

A long-time corporator of APD and past board member, Steve is proud to have continued a 60-plus-year tradition of the bank and the hospital sharing board members and helping each other.



Why do you think supporting APD is important?



- "Healthcare is critically important in any community and we are lucky to have both APD and the Dartmouth Hitchcock Medical Center here in Lebanon. But APD is special in that equation.
- "With a smaller and more intimate setting, I always feel like a member of the family. I know that's how everyone in the community is treated and why contributions to APD positively impact the lives of so many people.
 - "I was introduced to the hospital through the bank and I quickly learned that APD is one of our community's most valuable assets. That's one of the reasons why so many community leaders who gave their time as Mascoma Bank corporators and board members also gave their time and wisdom to APD. The hospital has been an essential partner in our community, known for its great physicians and accessible, friendly patient care. I want to make sure it can continue to serve future generations as well or better."

Donor Profile

Co-op Food Stores Pennies for Change

Pennies for Change encourages customers to round up to the next whole dollar when they make purchases by credit or debit card at each of the Co-op Food Stores' four retail locations. And those pennies have added up to well over a million dollars donated to the region's non-profits since the program began in June of 2016.

Why did Pennies for Change choose to support APD?



"Quality, accessible healthcare is a cornerstone of community resiliency. Alice Peck Day Memorial Hospital is an enduring emblem of that. APD's history dates back to 1932 and is filled with parallels to the Co-op Food Stores, founded just four years later. Now, as each organization moves towards its 90th year of service, the alignment of our values remains clear. As such, it's no surprise our donation committee has already twice selected APD as a recipient for Pennies for Change. Alice Peck Day Memorial Hospital is a community organization that has never forgotten its roots. From its founding in the Great Depression through to today, its employees and leadership demonstrate the value of service to others, resource stewardship, and belief in a better future for all." — Allan Reetz, Director of Public and Government Affairs



\$2 million gift looks to the future

Grateful for many years of wonderful care received at Alice Peck Day Memorial Hospital, a community member has included a \$2 million bequest to the Hospital in their estate plans. The landmark gift commitment is the largest in APD's history.

The donor, who prefers to remain anonymous, was inspired by APD's future strategic plans and chose to put no restrictions on how the gift will be used. In doing so, they signaled their confidence in the organization's current and future leaders to determine the best use of the funds, ensuring their generosity has maximum impact when it is received.

"This is an incredibly forward-looking gift from a longtime friend and donor," says Sue Mooney, MD, MS, FACOG, President and CEO. "As we look to our future, knowing we will have this generous philanthropic support enables us to embrace our vision for APD with fewer constraints."

It is important to know that while APD is a member of the Dartmouth Health system, this gift — like all charitable contributions to APD — remains at APD and under the control of its leadership.

Thank you, donors

The generosity of friends and supporters has led Alice Peck Day Memorial Hospital to several philanthropic milestones in the past two years. In fiscal year 2021, a record number of donors — 393 individuals, businesses, and foundations — contributed to APD. And this past year saw a \$2 million estate gift pledged to APD — the largest gift in our organization's history. As a result, our fundraising for the fiscal year ending June 30, 2022 set a new record, at \$2,670,067.

Every one of those dollars stays at APD, advancing our commitment to improving the health and wellbeing of our community. In the following pages, we are pleased to recognize all donors to APD in fiscal years 2021 and 2022.

Every gift, large or small, matters as an expression of our community's support and confidence in us, and we thank you.

With gratitude,



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Marisa D. Devlin
Vice Chair, Board of Trustees
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2022 Healthcare Business of the Year Award

Each year, the Upper Valley Business Alliance (UVBA) celebrates exemplary businesses and individuals whose leadership and dedication strengthen their communities. In May of 2022, Alice Peck Day Memorial Hospital was honored with UVBA's 2022 Healthcare Business of the Year award.

Presenting the award, Stephen Gurin of Bar Harbor Bank & Trust cited APD's "extraordinary resolve and resourcefulness" in responding to the COVID-19 pandemic, as well as innovations ranging from its new ultra-violet disinfecting robot (aptly named "Violet") to the Hospital's partnership with Families Flourish Northeast to develop a residential treatment center for mothers in recovery from substance misuse.

"The true recipients are our employees for their incredible dedication to our patients and community during this pandemic," noted APD President and CEO Sue Mooney, MD, MS, FACOG.

DONORS

Fiscal Years 2021 + 2022

APD Family Fund cares for the caregivers

As COVID-19 swept over New England in March of 2020, many of the healthcare workers stepping up to respond to the pandemic were facing the same personal hardships as so many others: family member job losses, illness and deaths of loved ones, lack of child care, and more. In response, a group of APD providers established the APD Family Fund to give financial assistance to colleagues adversely impacted by the pandemic. With other employees and community donors joining the effort, the fund quickly grew to more than \$120,000. Over the past two years it has made nearly 100 grants to APD employees in need.

"The Family Fund was so helpful at a time when I had a lot of costs. I'm eternally grateful for the help. I really do appreciate it." Gerard Duptat Bruce Duthu and

Hilde Ojibway Duthu 🗉

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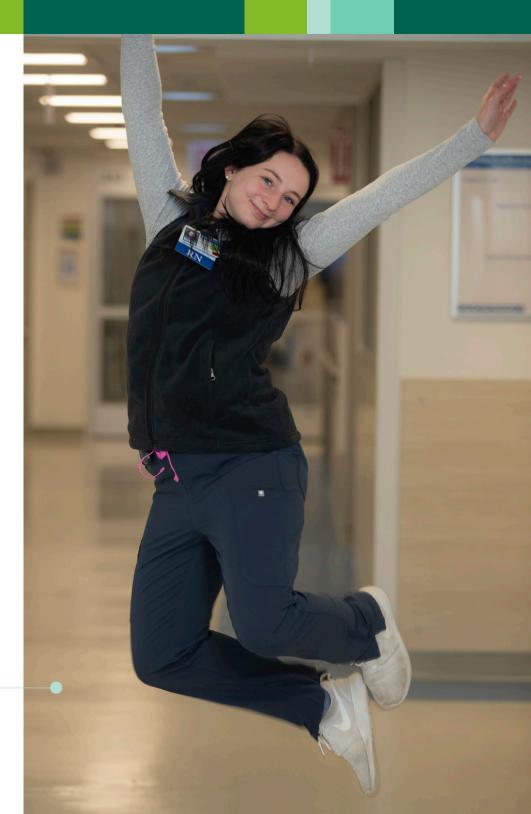
Bebe Zabilansky

Olga Zhaxybayeva

Donors with an to the right of their name(s) gave in both FY'21 and FY'22.

Pages 16-24 list all donors to APD in FY21 (July 1, 2020 – June 30, 2021) and FY'22 (July 1, 2021 – June 30, 2022). If we have omitted, misspelled, or incorrectly listed a name, please accept our sincere apologies and notify Melissa Dalton, Director of Development, at (603) 308-0068 or email DaltonM@apdmh.org.

Emma Shea, RN
Photo taken before the pandemic.



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APD Medical Staff
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Susannah Clark, MD
Nancy DuMont

Julia Frost

Gloria Green

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Wayne Tucker

William Shue

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The Homestead Society

Donors who have made a bequest provision, life income gift, or other planned gift commitment to the Hospital are honored with membership in APD's Homestead Society. The Society, established in 1995, is named in honor of the original estate gift by Alice Peck Day, who bequeathed her family home to found the hospital upon her death in 1927.

"Bequests are a powerful tool for donors who want to make a significant impact with their charitable giving," notes Melissa Dalton, APD's Director of Development. "Often, donors can give more through a planned gift than they otherwise would be able to. It's a great way to leave a legacy to APD and the community we serve."

Anonymous

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Mr. and Mrs. Ralph R. Hough Jr.

Mr. and Mrs. Austin Kovacs

Mr. and Mrs. Robert Z. Norman

Ms. Terry A. Rousseau

Would you like to make a legacy gift to Alice Peck Day?

Contact Melissa Dalton, Director of Development, at (603) 308-0068 or email DaltonM@apdmh.org.







A new home for mothers in substance use recovery

Over the 90 years since Alice Peck Day bequeathed her home to establish a hospital, the Homestead building at APD has served a variety of uses as the hospital campus has grown and evolved to meet the health needs of the community. We hope soon the Homestead will begin a new chapter as a residential treatment center for pregnant and parenting women in recovery from substance use disorder.

We signed a letter of intent with the non-profit Families Flourish Northeast (FFNE), with the aim of having FFNE lease the Homestead and renovate the building for its new use through funds raised independently. Together we envision a facility which will provide mothers and their children with a warm, safe, and supportive environment in close proximity to the Dartmouth Hitchcock Moms in Recovery program, public transportation, and APD's clinical services. The partnership reflects APD's commitment to positively impacting social determinants of health and improving the health and wellbeing of the community.

2020-2022 Volunteers

Volunteers are a vital part of the APD community. We extend heartfelt thanks to each and every one of our volunteers for their contributions—their time, dedication, and kindness.

Judith Alaer Diane Andrews Mary Bailey Donna Bartek Ann Berry Arlene Bettigole Barbara Brown Carol Campbell Brenda Carter Tyler Chen Carolyn Emmons Kate Forbush Ute Frankenstein Cadence Genereaux Barbara Gerstner Mary Hamill Anne Harms Mary Harrington Pamela Jenkins Susan Johnson Susan Karp

Alessandra LaFiandra Barbara Laro Barbara Levenson Flsa Lind Irene MacArthur Medora MacMeekin Miriam Maguire Cindi Mansell Donna Matson Maggie May Susan Moretti Dan Moriarty Linda Shemanske Gary Shepard **Amy Stephens** Mary Thibideau Hetty Thomae Pat Tilton Susan Weeks

Cheryl Zindulka





