

Grateful Patient Stories

It's not unusual that our patients want to tell us their stories of APD's personalized, high-quality healthcare.

Robin Naida of Enfield, New Hampshire had been seeing different primary care providers in the Upper Valley, none of whom she felt addressed her elevated blood pressure – what the American Heart Association calls “the silent killer.”

They “pretty much brushed it off. It wasn't super high but high enough, so they dismissed it as ‘white coat syndrome,’” Naida said. “I didn't feel like I was getting the care I needed.”

Naida switched to APD and Dr. Bradley Sprenger. He prescribed a medication to address her symptoms, and an APD clinical support representative “worked hard to get it approved through my insurance.”

Annie MacKenzie was very sick for three weeks. She had been to a variety of providers who diagnosed her with various – and sometimes conflicting – things. Until she went to APD's Emergency Department.

“From the moment I stepped through the door at APD, I was listened to and treated with respect,” the New Hampshire resident said. **“Throughout my visit, I was checked on, informed of next steps, and treated with dignity. All of my questions were answered and the team left no stone unturned.”**

We love hearing stories from grateful patients and are particularly touched that more and more are also donating to Alice Peck Day Memorial Hospital. Both the stories and the contributions have a huge impact on the hospital, our staff, and on lives of future patients.

How You Can Help:

This spring, please support APD's Annual Fund.

Your gift can be directed to one of four designations:

Capital, Workforce, Community and Patient Health, or the unrestricted APD Annual Fund. Funds will be used to support initiatives such as leadership training for charge nurses (Workforce), an ultrasound machine for pelvic health (Capital Fund), and a wound care cart for bedside care (Patient Health).



Stories from the Stage

APD held the President's Award event at Northern Stage on May 15. See the celebration on page 3. >>>



Dr. Laura Greer accepts the 2023 President's Award on behalf of APD's medical providers.



Karen Davis

Two Knee Replacement Surgeries with APD Orthopaedics

“Every single person I came in contact with was so welcoming, warm, friendly, and helpful from check-in to the surgery crew to the nurses to the kitchen crew, the housekeeping staff and everyone in between. There is just a vibe about APD. I feel so comfortable and relaxed when I walk through the doors.”

In the News

Alice Peck Day donates EKG to Ukraine

Alice Peck Day Memorial Hospital donated an electrocardiogram (EKG) machine in March to a hospital in Ukraine caring for wounded soldiers and civilians.

Sunflower of Peace – a nonprofit organization providing lifesaving medical and humanitarian aid to Ukrainians affected by the Russian military invasion – sponsored the transfer of the EKG to Ukraine. (For security purposes, the name and location of Ukrainian hospital is not being disclosed.)

“Many beds of the hospital are occupied by patients with severe injuries from the war,” said Irina Kalaida, who facilitated the transfer. She is originally from Ukraine and works as a data analyst with Dartmouth Health. **“The EKG machine will help providers diagnose with higher accuracy, especially patients undergoing surgical treatment.”**

By early April, the machine was already in use in Ukraine. “We are continuing to manage military and civil patients,” said the medical university director. “Provided ECG machine will improve diagnostic process. On behalf of our team...I would like to express our deepest gratitude for your solidarity.”



From left to right: Sue Mooney, CEO and President of APD; Peter Glenshaw, VP of External Affairs; Irina Kalaida and her husband, Oleg Dubitsky.

About APD Insider:

APD Insider is a periodic newsletter intended to keep donors, supporters, volunteers, and friends up-to-date with Alice Peck Day Memorial Hospital. APD is able to be the community hospital in the Upper Valley because of your support.

Questions? Comments? Suggestions? Please contact the Development Office at (603) 308-0068.

If you'd like to make a gift to Alice Peck Day, go to: AlicePeckDay.org/about/give-now or contact Melissa Dalton, director of development.

(603) 308-0068
daltonm@apdmh.org

Meet a Friend

Bonnie Swift has lived in the Upper Valley for most of her life. In fact, she and her son were born at Alice Peck Day. Bonnie and her husband, Clint, are steadfast supporters, giving to APD's Annual Fund to support the hospital's greatest areas of need.

What would you tell others about APD? APD is an exemplary community hospital with doctors, nurses, technicians, and staff who value interpersonal relationships. Employees seem to be happy to work at APD: that's no accident.

How has APD grown over the years? Being the CEO of any hospital today is extremely challenging. Clint and I first heard Sue Mooney speak at an APD community engagement event. We were immediately impressed with her intelligence, thoughtful responses to questions, and her openness to any ideas with potential to improve patient care or employees' lives and careers at APD. **Under Sue Mooney's leadership, APD has grown and changed but has continued its wonderful community hospital and patient-first culture.**

Why do you support APD? What's not to like about APD? We happily support its mission and culture.

Bonnie Swift



President's AWARD

Stories from the Stage

On May 15, 150-plus friends and supporters joined us at Northern Stage for the President's Award Ceremony. Actors enthralled the audience with patient stories from across the APD campus. The night's awards recognized the dedication of our healthcare providers, who give their all to ensure patients are heard, helped, and healed. **We were also able to express thanks to Barrie Sellers, founder of Lebanon-based Geokon, for APD's largest gift to date. He also received a President's Award for his support of APD.**



Northern Stage actors opened the program with song.



Jim and Brooke Adler with Ruth and Peter Bleyler



Mary Harrington with Ron and Sara Kobylenski, Board of Trustees ex-officio



John Schiffman, Deming Holleran, and Barb Jones



Clark and Happy Griffiths



Barrie Sellers and his family

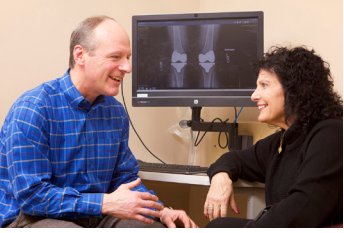


Members of the APD medical staff



Bob and Shelly Moses chat with APD President and CEO Sue Mooney

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APD Insider

June 2023

A Newsletter for Our Friends



Dartmouth Health

Alice Peck Day Memorial Hospital

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Melissa Dalton



Melissa Dalton – Director of Development

Sincerely,

APD Insider provides examples of kindness at APD.

Kindness is not something that demands hard work or huge amounts of time. It's something all of us can achieve every day. And, knowing the power of kindness, why wouldn't you want to help others? To inspire you, this issue of *APD Insider* provides examples of kindness at APD.

Practicing kindness keeps us on the path of happiness. Research suggests acts or experiences of kindness release chemicals in the brain that can improve our overall well-being. Kindness can reduce anxiety and reduce stress levels.

Kindness at APD has many forms: a nurse caring for her patients, the doctor who performs a surgery, the heart-felt letters of gratitude from patients, or donations of support from the community.

Have you ever thrown a rock into a still body of water? The impact of the rock creates a ripple effect across the entire pond. Intentional acts of kindness, even those that may seem to go unnoticed, can cause a ripple effect that touches many lives.

Hello APD Insiders,