

# Elder Friends make a real difference

**Alice Peck Day Memorial Hospital is looking for a few special volunteers to join our Elder Friends program.**

Elder Friends visit our homebound patients and provide companionship in conjunction with our Senior Care team.

“My mom Ellen is partnered with Alessandra. It is a wonderful program and Alessandra makes such a difference in my mom’s life.”  
- Rebecca

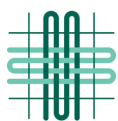


Share your time and your kindness!  
Please contact:

**Beth O'Donnell**  
Director Community Health  
(603) 308-0821  
o'donnellb@apdmh.org

Flexible time commitment is typically two to four hours each week.

APD volunteers Barbara, Alessandra, and therapy dog Maggie.



Dartmouth  
Health

Alice Peck Day  
Memorial Hospital